



Health & Human Services Agenda Request

3A
Agenda Item #

Requested Meeting Date: November 26, 2024

Title of Item: Family Home Visits

<input checked="" type="checkbox"/> REGULAR AGENDA	Action Requested:	<input type="checkbox"/> Direction Requested
<input type="checkbox"/> CONSENT AGENDA		<input checked="" type="checkbox"/> Discussion Item
<input type="checkbox"/> INFORMATION ONLY		<input type="checkbox"/> Hold Public Hearing* <i>*provide copy of hearing notice that was published</i>

Submitted by: Paula Arimborgo	Department: H&HS Administration
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Presenter (Name and Title): Brea Hamdorf & Naomi Larson, H&HS Public Health Nurses	Estimated Time Needed: 20 min
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Summary of Issue:

Brea and Naomi will be giving a presentation on Healthy Beginnings Home Visiting.

Alternatives, Options, Effects on Others/Comments:

Recommended Action/Motion:

Financial Impact:

Is there a cost associated with this request? Yes No

What is the total cost, with tax and shipping? \$

Is this budgeted? Yes No *Please Explain:*



HEALTHY BEGINNINGS HOME VISITING

Presented By: Brea Hamdorf, RN, PHN - Family Home Visitor
Naomi Larson, RN, PHN - Family Home Visitor and Program Coordinator


FAMILY HOME VISITING

Family home visiting is a voluntary, home-based service ideally delivered prenatally through the early years of a child's life. It provides social, emotional, health-related and parenting support and information to families and links them to appropriate resources.





Benefits of Home Visits

- Improved health of both mother and child
 - Reduction in childhood injuries, abuse, neglect and/or maltreatment
 - Improved school readiness and parent-child relationships
 - Positive parenting
 - Access to resources
- 

What do families receive during a family home visit?



Information about the child's stage of development

to help the parent learn how to nurture and support their child's social, emotional, and physical development.



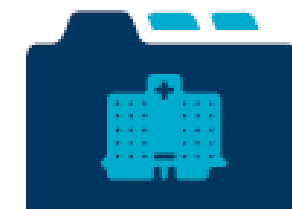
Safety and health information

such as safe sleep practices, car seat safety immunizations, shaken baby syndrome, oral health, breastfeeding, and nutrition.



Screenings

for child development, caregiver depression, and family violence.



Referrals to community resources and services

such as health care services and economic supports.



Help with goal setting and skill building

such as learning how to navigate community support systems, return to work, and practicing parenting skills.

Initial Mom & Baby Visit



- 1-2 weeks old
- Weigh and measure baby
- Postpartum emotions, health and nutrition
- Infant feeding – lactation support
- Safe infant sleep, cues and soothing
- Car seat safety
- Infant growth and development
- Resources available in the county



Visit Frequency

Prenatal

- Every trimester

New Mom & Baby

- Within 1st or 2nd week

Ongoing

- Individual specific

Universal

- 1 or 2 visits

Healthy Beginnings – Maternal/Child Home Visit

- Every other month through first year

Healthy Beginnings Plus

- Every month through first year, plus 15-18 month visit

Referral Sources



WIC/HHS

Hospitals and Clinics

Birth Certificate





Collaborations



- WIC
- Follow Along
- Car Seats
- Immunizations
- Diaper Bank

- Healthcare
- Head Start
- H.O.P.E
- Schools

- Social Services
- SNAP
- MA
- Child Support



Families served by home visiting in Aitkin County

123 Births

42 families accepted

156 total visits

2022

117 Births

37 families accepted

184 total visits

2023

94 Births

25 families accepted

117 total visits

2024 (YTD)

Funding

1

Insurance
reimbursement

2

Grants

3

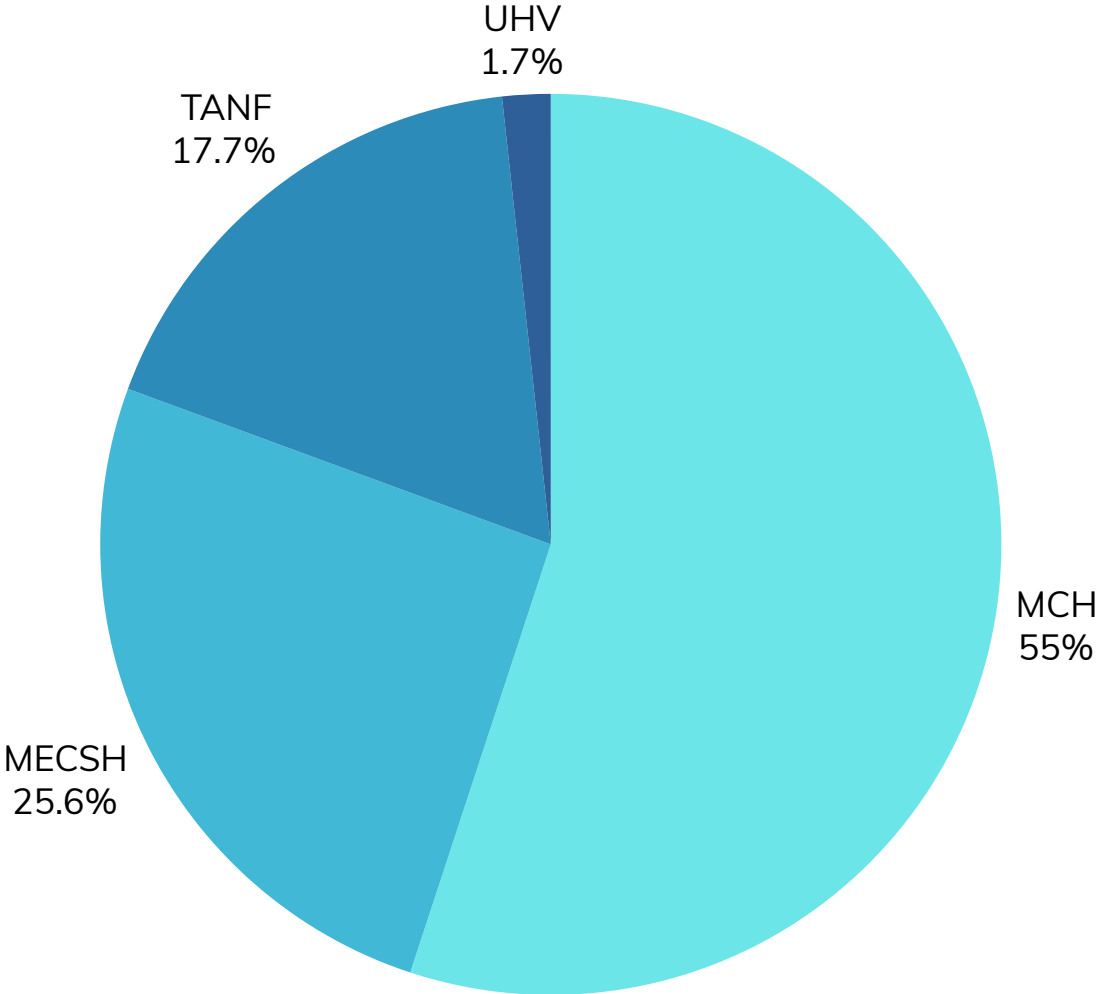
Levy



Insurance Reimbursement

2023 - \$20,801.23

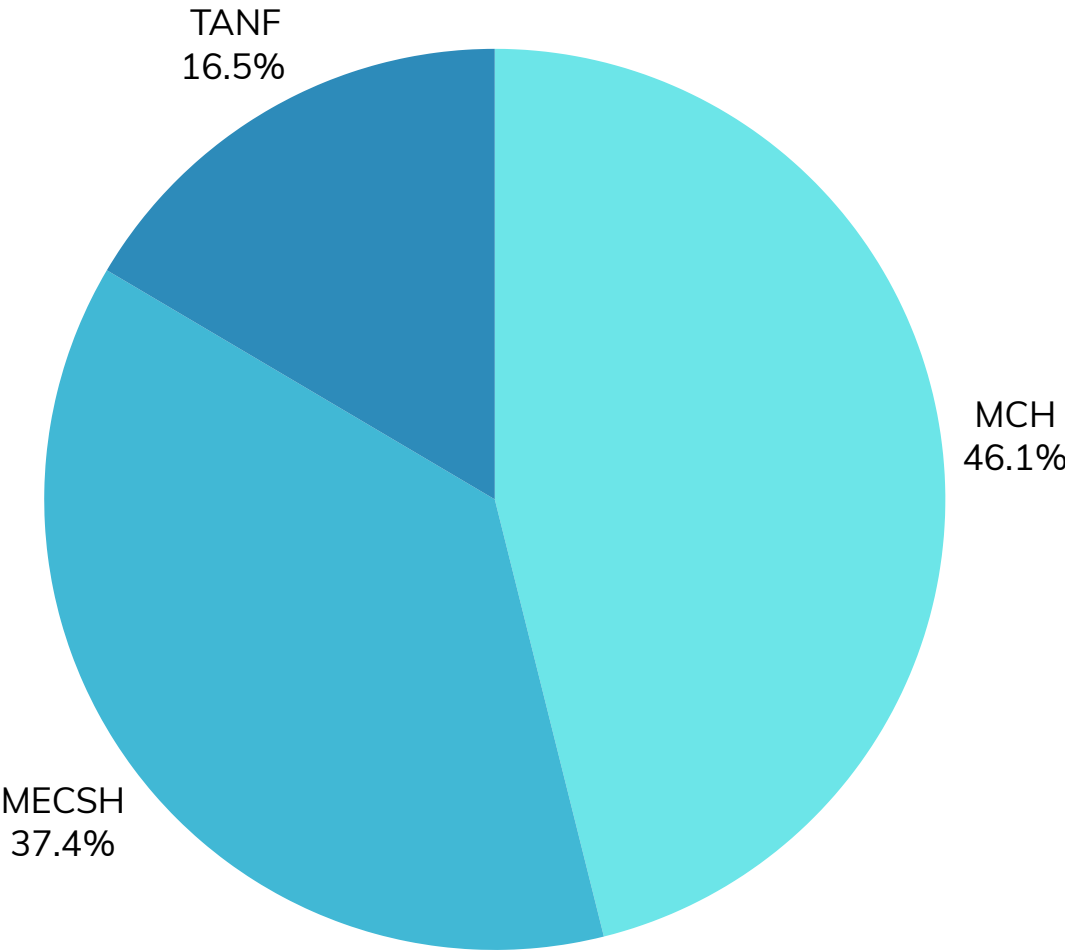
MCH - \$11,450.81
MECSH - \$5,316.71
TANF - \$3,373.71
UHV - \$360



Insurance Reimbursement

2024(YTD) - \$27,738.67

MCH - \$12,789.43
MECSH - \$10,370.15
TANF - \$4,579.09



Foundational Areas



Community-specific Services

Communicable Disease Control Chronic Disease & Injury Prevention Environmental Public Health **Maternal, Child, & Family Health** Access to & Linkage with Clinical Care

Foundational Capabilities

Assessment & Surveillance	Community Partnership Development	Equity	Organizational Competencies
Policy Development & Support	Accountability & Performance Management	Emergency Preparedness & Response	Communications

E Q U I T Y

Foundational Areas



Communicable Disease Control

Chronic Disease & Injury Prevention

Environmental Public Health

Maternal, Child, & Family Health

Access to & Linkage with Clinical Care

Foundational Capabilities

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E Q U I T Y



Thank you